

# Family Cooking Nights Intern

## Internship Position Description

Would you like to work with communities to connect kids to healthy food in school so they can lead healthier lives? One Cool Earth is a nonprofit in SLO County creating school garden programs that power healthy, happy and smart youth. We believe every child deserves a place to grow.



When kids help in the kitchen there are fewer meal-time battles and more willingness to try new, healthy foods. Cooking also reinforces skills like math, teamwork and following instructions that help kids succeed. These are some of the many reasons that One Cool Earth organizes Family Cooking Nights as a part of our Earth Genius program.

The Family Cooking Nights Intern will work with the Family Cooking Night Lead Organizer to encourage families to adopt cooking and eating together, even if for one night out of the week. The position would be well-suited for someone who enjoys working with children and has a background knowledge or strong interest in nutrition, culinary arts, event planning, or education.

### Responsibilities Will Include:

- Attend Family Cooking Nights located at 13 schools in our Earth Genius program
- Assist Family Cooking Night Lead Organizer with event/menu planning, development of informational handouts, soliciting donations, and procuring ingredients
- Provide set-up of event: setting tables, prepping ingredients, establish a welcoming ambiance
- Facilitate family cooking night events by acting as co-host: Assisting attendants when needed by answering questions, engaging with families and kids by asking questions and giving words of encouragement
- Provide basic clean up after event: trash and compost sorting station, wash and put dishes away, wipe down tables, sweep floors, and take home leftovers

### Preferred Qualifications:

- Commitment to One Cool Earth's vision and mission;
- Excellent rapport with children, with at least one year experience in child educational settings (summer camps, Sprout Up!, etc.);
- Formal education or experience in event coordinating, group facilitation, culinary arts, school wellness, public health, and/or child nutrition,
- Demonstrated communications and interpersonal skills, able to work with people of diverse ethnic and cultural backgrounds;
- Creative, flexible and hard working; able to manage your commitments responsibly;
- Enjoy learning new things and challenging yourself;

*Revised 10/11/17*

*One Cool Earth*

*Paso Robles, CA*

*(805) 242- 6301*

[www.onecoolearth.org](http://www.onecoolearth.org)

*Find us on Facebook!: One Cool Earth*

# Family Cooking Nights Intern

## Internship Position Description

Our internships offer you the opportunity to:

- Explore Career Opportunities - by working in the field you have chosen, you can receive an inside look at your potential career path.
- Gain leadership experience - better understand the major issues and trends facing today's youth. From healthy eating and exercise, well-being, academics, and environmental issues, OCE works with communities using best-practices and evidence-based programming to create meaningful, lasting change.

Additional Information:

- Training and Orientation: Interns will participate in a 1 hour orientation during the first week of the internship, plus additional training as needed during Family Cooking Night events. This orientation will initiate interns to our culture and provide them with a knowledge-base to draw upon through the remainder of your internship and beyond. Ongoing training will occur during the period of the internship as needed.
- Schedule: 4 hours per event - the time of the event is 5pm-7pm, plus an hour of set-up and an hour of clean up before and after.
- Duration and time commitment: Minimum 6-month commitment, approximately 4 hours per week.
- Benefits: Interns will play a vital role in supporting student health, academic achievement and wellbeing, especially for underserved students. Interns will receive substantial training and experience in nutrition education from an established and well-respected organization towards building a strong resume. Interns will extend their connections within local school districts and the outdoor educational field. We are pleased to write letters of recommendation upon successful completion of the internship.

How to Apply:

Interested applicants must submit a resume to the following email address:

[miranda@onecoolearth.org](mailto:miranda@onecoolearth.org)

*Revised 10/11/17*

*One Cool Earth*

*Paso Robles, CA*

*(805) 242- 6301*

[www.onecoolearth.org](http://www.onecoolearth.org)

*Find us on Facebook!: One Cool Earth*